January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 Mass HAPPY NEW YEAR! 1:30 Piano Music by Jenette 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Current Events	2 9:30 Cards & Crafts 1:30 Snowdays of January 2:15 Lunch 2:30 St. Paul Choir Festival on DVD
3 2:00 Church (Peace-St. Matthew) 2:30 Lunch 7:00 Lawrence Welk	4 1:30 Bingo 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Flippo	5 11:45-12:30 One to One's 12:30 Helping Hands 1:30 Looking Back 2:15 Lunch 4:00 Tai Chi Exercise 4:20 Group Discussion 6:00 Book Club	6 11:45-12:30 Hand Flare 1:30 Bible Study (A) 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Basketball	7 8:30 Barb to Fix Hair 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 Popcorn Fun Day! 2:15 Lunch 4:00 Tai Chi & Group Disc. 6:00 Yahtzee	8 10:00 Mass 1:30 Friends Band 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Current Events	9 9:30 Cards & Horse Races 1:30 Alphabet Sc 2:15 Lunch 2:30 Doodlers
10 2:00 Church (Pastor Wadholm) 2:30 Lunch 7:00 Lawrence Welk	11 1:30 Bingo 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Gang Ten	12 11:45-12:30 One to Ones 1:30 Take Down Christmas Decorations! 2:15 Lunch NO EXERCISE 6:00 Book Club	13 11:45-12:30 Hand Flare 1:30 Bible Study (A) 2:00 Resident Council 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Trivia Tac Toe	14 8:30 Barb to Fix Hair 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 Sensory Stimulation 2:15 Lunch 4:00 Tai Chi & Group Disc. 6:00 Bingo	15 10:00 Mass 1:30 J-M-B Band 2:30 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Current Events	16 9:30 Cards & Horse Races 1:30 Fibber McGee & Molly 2:15 Lunch 2:30 Martin Luther King Jr. Day
17 2:00 Church (Pastor Hendrickson) 2:30 Lunch 7:00 Lawrence Welk	18 1:30 Bingo 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Bullseye	19 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 Reminisce 2:15 Lunch 4:00 Tai Chi Exercise 4:20 Group Discussion 6:00 Book Club	20 11:45- 12:30 Hand Flare 1:30 Bible Study (S) 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 What Am I? Trivia	21 8:30 Barb to Fix Hair 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 Monthly Birthday Party! 2:15 Lunch 4:00 Tai Chi & Group Disc 6:00 Yahtzee	22 10:00 Mass 1:30 Travel To Ha 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Current Events	23 9:30 Cards & Crafts 1:30 "Firsts" of The Year 2:15 Lunch 2:30 Snow Fun
24 2:00 Church (Pastor Holmes) 2:30 Lunch 7:00 Lawrence Welk 31 2:00 Church (Church of God) 2:30 Lunch 7:00 Lawrence Welk	25 1:30 Bingo 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Outburst	26 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 Sensory Stimulation 2:15 Lunch 4:00 Tai Chi Exercise 4:20 Group Discussion 6:00 Book Club	27 11:45-12:30 Hand Flare 1:30 Bible Study (B) 2:00 Table Talk 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Shake Loose A Memory	28 8:30 Barb to Fix Hair 11:45-12:30 One to Ones 12:30 Helping Hands 1:30 The Price Is Righ 2:15 Lunch 4:00 Tai Chi & Group Disc. 6:00 Bingo	29 10:00 Mass 1:30 Sing Along 2:15 Lunch 4:00 Exercise 4:20 Group Discussion 6:00 Current Events	30 9:30 Cards & Horse Races 1:30 National Compliment Month 2:15 Lunch 2:30 Saturday Night Baths